

# Matching Needs of Older People with Health Care Management Tools

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**Programme de  
recherche sur  
l'intégration des  
services de maintien  
de l'autonomie**

**PRISMA**

*Programme of  
Research to Integrate  
the Services for the  
Maintenance of  
Autonomy*



## *PRISMA is funded by :*

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*and the following agencies :*

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- . Quebec Health Research Foundation (FRSQ)*
- . Quebec Geronto-Geriatrics Research Network*
- . Sherbrooke Geriatric University Institute*



# PRISMA

**Integrated Network  
Operationalization**

**Development of Network**  
**Support Tools**  
Iso-SMAF Profiles  
PRISMA-7  
Computerized Clinical Chart

**Evaluation  
Methods  
Development**

- satisfaction
- empowerment
- quality of services
- economic evaluation
- continuity indicators
- implementation evaluation

**Experimental implementation and impact evaluation**

. Bois-Francs Project

. Estrie Project



# Integrated Network of Services

- Coordination between services
- Single point of entry
- Case-management
- Individualized Service Plan
- Unique assessment tool with a Casemix system
- Information tool (Computerised Chart)

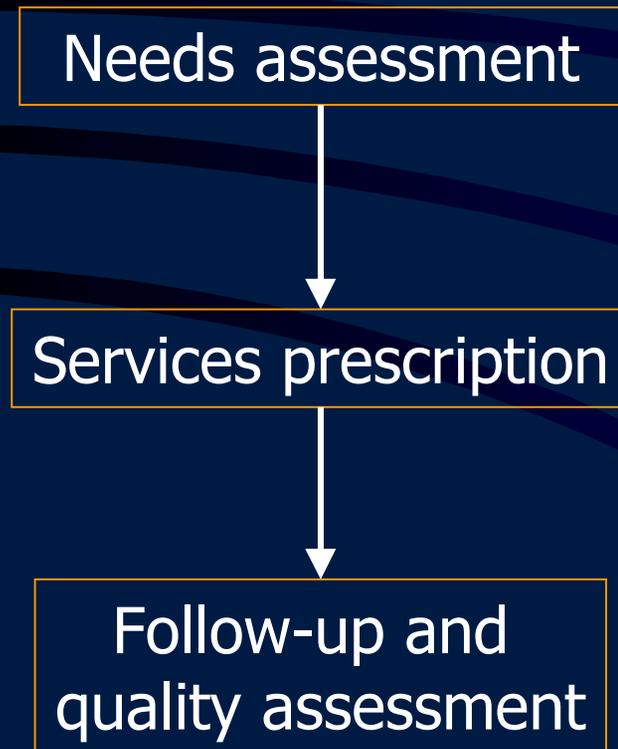
# Assessment Problems

- Multiple entry points
- Services determined by the provider rather than the needs
- Multiple redundant assessments (different tools)
- Information sharing
- Partial response to the needs

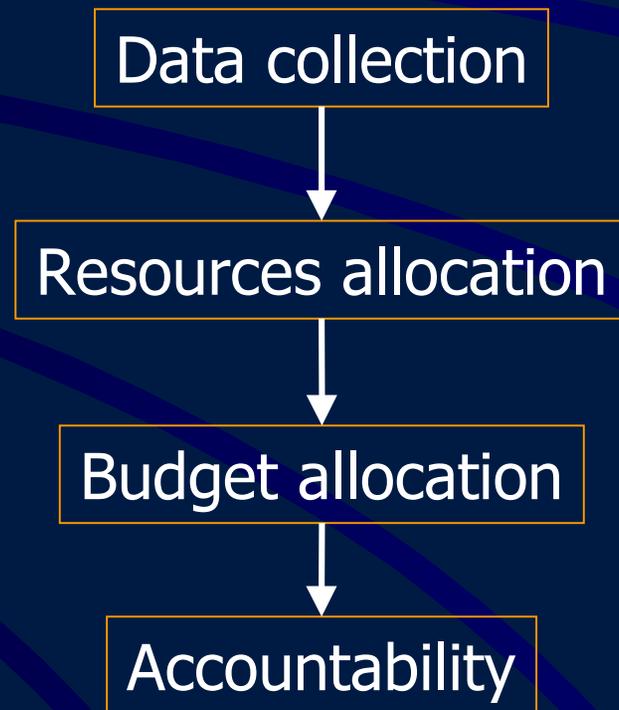


# System « schizophrenia »

## Clinical path



## Management path

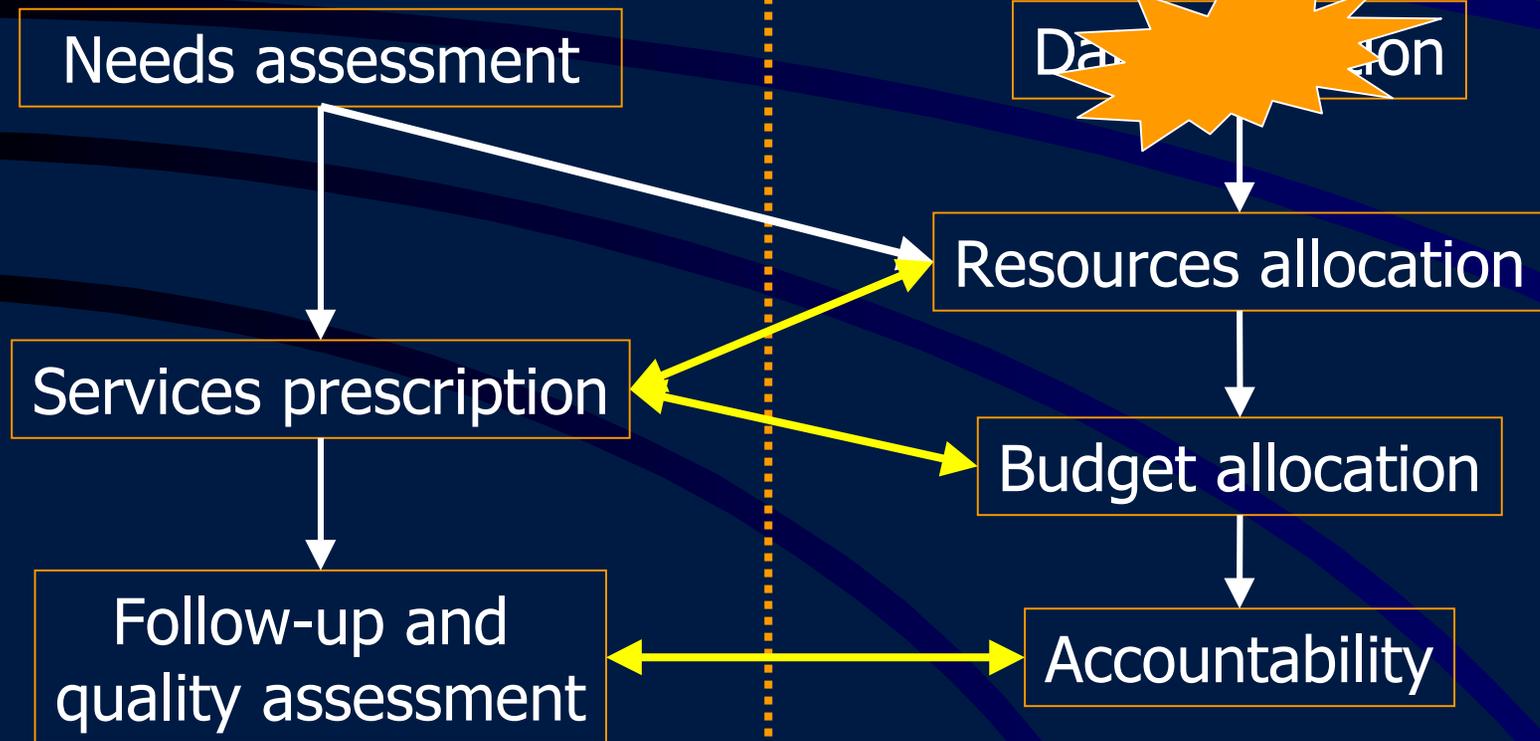




# Reconciling clinical and management

Clinical path

Management path





# Advantages

- Avoid redundant evaluation
- Data collection for management less fokable
- Accountability and quality assessment are more consistent

- Système de Mesure de l'Autonomie Fonctionnelle (Functional Autonomy Measurement System)
- Developed according to the WHO Classification of disabilities
- 29 items on a 5-point scale
  - 0: autonomous
  - -0.5: with difficulty
  - -1: need supervision
  - -2: need help
  - -3: dependent

# Items of the SMAF

- Activities of Daily Living
  - eating
  - washing
  - dressing
  - grooming
  - urinary continence
  - fecal continence
  - using the bathroom
- Mobility
  - transfers
  - walking outside
  - walking outside
  - donning a prosthesis & orthosis
  - propelling a wheelchair
  - negotiating stairs

# Items of the SMAF (suite)

- Communication
  - vision
  - hearing
  - speaking
- Mental functions
  - memory
  - orientation
  - judgement
  - behaviour
- Instrumental Activities of Daily Living
  - housekeeping
  - preparing meals
  - shopping
  - doing the laundry
  - using the telephone
  - using public transportation
  - taking medications
  - managing the budget



**FUNCTIONAL AUTONOMY  
MEASURING SYSTEM**

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# AUTONOMY ASSESSMENT SCALE

Name: \_\_\_\_\_

Dossier: \_\_\_\_\_

Date: \_\_\_\_\_ Assessment #: \_\_\_\_\_

| DISABILITIES   | RESOURCES                       |                             |                      |                          | HANDICAP  | STABILITY*   |
|--|---------------------------------|-----------------------------|----------------------|--------------------------|---|--|
|  | 0. Subject himself<br>1. Family | 2. Neighbour<br>3. Employee | 4. Aides<br>5. Nurse | 6. Volunteer<br>7. Other |   |  |
| <b>A. ACTIVITIES OF DAILY LIVING (ADL)</b>   |                                 |                             |                      |                          |   |  |
| <b>1. EATING</b>   |                                 |                             |                      |                          |   |  |
| <input type="checkbox"/> Feeds self independently<br><input checked="" type="checkbox"/> With difficulty   |                                 |                             |                      |                          |   |  |
| <input type="checkbox"/> Feeds self but needs stimulation or supervision<br>OR food must be prepared or cut  |                                 |                             |                      |                          |   |  |
| <input type="checkbox"/> Needs some help to eat<br>OR dishes must be presented one after another   |                                 |                             |                      |                          |   |  |
| <input type="checkbox"/> Must be fed by another person<br>OR has a naso-gastric tube OR a gastrostomy<br><input type="checkbox"/> naso-gastric tube <input type="checkbox"/> gastrostomy |                                 |                             |                      |                          |   |  |
| Does the subject presently have the resources (help or supervision) necessary to overcome this disability?<br><input type="checkbox"/> Yes _____<br><input type="checkbox"/> No _____    |                                 |                             |                      |                          | <input type="checkbox"/> 0<br><input type="checkbox"/> -1<br><input type="checkbox"/> -2<br><input type="checkbox"/> -3 | <input type="checkbox"/> -<br><input type="checkbox"/> +<br><input type="checkbox"/> • |
| Resources: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>  |                                 |                             |                      |                          |   |  |



# CARE TABLE

|                          |                                     |                                 |
|--------------------------|-------------------------------------|---------------------------------|
| <b>G</b> INDEPENDENT     | <b>B</b> SUPERVISION OR STIMULATION | OR TERM FOR SCORING ON THE BACK |
| <b>T</b> WITH DIFFICULTY | <b>Y</b> HELP                       | <b>R</b> DEPENDENT              |

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## A. ACTIVITIES OF DAILY LIVING

|  |  |  |
|--|--|--|
| Getting out of bed:  | turning:   | 2. WASHING   |
| Putting to bed:  | Other:   |  |
| <ul style="list-style-type: none"> <li>Hospital gown</li> <li>Personal night attire</li> <li>Remove dental prostheses</li> </ul>   | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>   |  |
| 1. EATING  |  |  |
| a) <input type="checkbox"/> b) <input type="checkbox"/><br>c) <input type="checkbox"/> d) <input type="checkbox"/><br>Dishes one at a time <input type="checkbox"/>                            | c) cream: _____<br><input type="checkbox"/> bed<br><input type="checkbox"/> basin<br><input type="checkbox"/> bath<br><input type="checkbox"/> shower<br><input type="checkbox"/> whirlpool bath<br><input type="checkbox"/> supervision   | e) schedule: _____<br>mini-wash: _____<br>sponge bath: _____<br>full bath: _____ |
| 3. DRESSING <input type="checkbox"/> except:   |  |  |
|  | a) dirty laundry: _____<br>b) change clothes: Su M Tu W Th F Sa<br>c) look after clothes: _____  |  |
| UNDRESSING <input type="checkbox"/> except:  |  |  |
| 4. GROOMING  |  | 5. URINARY FUNCTION <input type="checkbox"/>                                     |
| a) <input type="checkbox"/><br>b) <input type="checkbox"/> tongue sponge <input type="checkbox"/><br>c) <input type="checkbox"/> d) <input type="checkbox"/>                                   | 6. BOWEL FUNCTION <input type="checkbox"/><br>Incontinence products: D <input type="checkbox"/> _____<br>E <input type="checkbox"/> _____<br>N <input type="checkbox"/> _____  |  |
| e) own teeth <input type="checkbox"/> upper prosthesis <input type="checkbox"/> put in <input type="checkbox"/><br>lower prosthesis <input type="checkbox"/> take out <input type="checkbox"/> | 7. TOILETING <input type="checkbox"/><br>toilet <input type="checkbox"/> bedpan <input type="checkbox"/><br>urinal <input type="checkbox"/> commode <input type="checkbox"/>   |  |
| f) mouthwash <input type="checkbox"/>  | netting diapercover: D <input type="checkbox"/> E <input type="checkbox"/> N <input type="checkbox"/><br>other: _____ D <input type="checkbox"/> E <input type="checkbox"/> N <input type="checkbox"/><br>catheter <input type="checkbox"/> ostomy <input type="checkbox"/> incontinence undergarment <input type="checkbox"/> |  |

## B. MOBILITY

|  |  |
|--|--|
| 1. Transfers <input type="checkbox"/>  | 3. Prosthesis or orthosis <input type="checkbox"/>   |
|  |  |
| Walking program <input type="checkbox"/><br>2. <input type="checkbox"/> bedroom<br><input type="checkbox"/> unit<br><input type="checkbox"/> institution<br><input type="checkbox"/> outside | 4. <input type="checkbox"/> N/A<br><input type="checkbox"/> bedroom<br><input type="checkbox"/> unit<br><input type="checkbox"/> institution<br><input type="checkbox"/> outside<br>5.  Elevator <input type="checkbox"/>  |
| Security <input type="checkbox"/><br>• belt WC/GC <input type="checkbox"/><br>• belt other chairs <input type="checkbox"/><br>• other: _____ <input type="checkbox"/>                        | • safety vest <input type="checkbox"/><br>• magnetic belt (Segurtek) <input type="checkbox"/><br>• wandering bracelet <input type="checkbox"/><br>• bed rails 1. D <input type="checkbox"/> E <input type="checkbox"/> N <input type="checkbox"/><br>2. D <input type="checkbox"/> E <input type="checkbox"/> N <input type="checkbox"/> |

## C. COMMUNICATION

Language spoken: \_\_\_\_\_

1.     2.     3.

R  put on   
 L  take out   
 put on   
 take out

## D. MENTAL FUNCTIONS

|                             |   |
|-----------------------------|---|
| 1. <input type="checkbox"/> | 2. <input type="checkbox"/>   |
| 3. <input type="checkbox"/> | 4. <input type="checkbox"/>   |
| 5. <input type="checkbox"/> | <input type="checkbox"/> self<br><input type="checkbox"/> other<br><input type="checkbox"/> runaway |

## E. INSTRUMENTAL ACTIVITIES OF DAILY LIVING

|  |  |
|--|--|
| 1. Housekeeping <input type="checkbox"/>   | 2. Meal preparation <input type="checkbox"/>   |
|  |  |
| 3. Shopping <input type="checkbox"/>       | Delivery <input type="checkbox"/>  |
|  |  |
| 4. Laundry <input type="checkbox"/>        | 5. Telephone <input type="checkbox"/>  |
|  |  |
| 6. Transportation <input type="checkbox"/> | automobile <input type="checkbox"/><br>adapted vehicle <input type="checkbox"/><br>taxi <input type="checkbox"/><br>bus <input type="checkbox"/><br>paratransit vehicle <input type="checkbox"/><br>ambulance <input type="checkbox"/> |
|  |  |
| 7. Medication use <input type="checkbox"/> | dispill <input type="checkbox"/><br>medication dispenser <input type="checkbox"/>  |
|  |  |
| 8. Budgeting <input type="checkbox"/>      |  |

PARTICULARITIES:

NAME: \_\_\_\_\_ ROOM: \_\_\_\_\_ DATE: \_\_\_\_\_

This table may not be copied without the authorization of the patient or the patient's legal representative.



# SMAF

## Reliability & Responsiveness

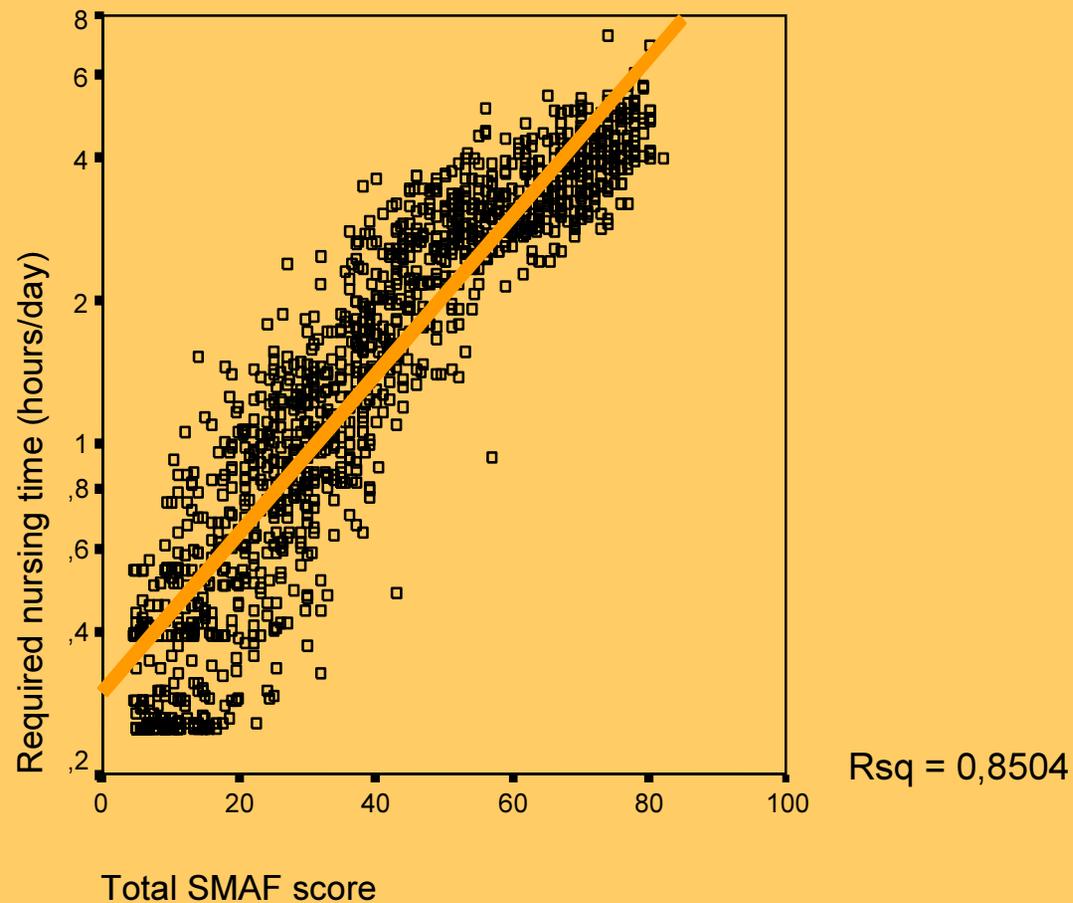
- Test-retest reliability (n=39)
  - ICC= 0.95
- Inter-rater reliability (n=45)
  - ICC= 0.96
- Minimal Metrically Detectable Change (measurement error)
  - 5 points and over
- Responsiveness (n = 80)
  - Guyatt index: 14.5  
(FIM: 13.7; Barthel: 12.8)



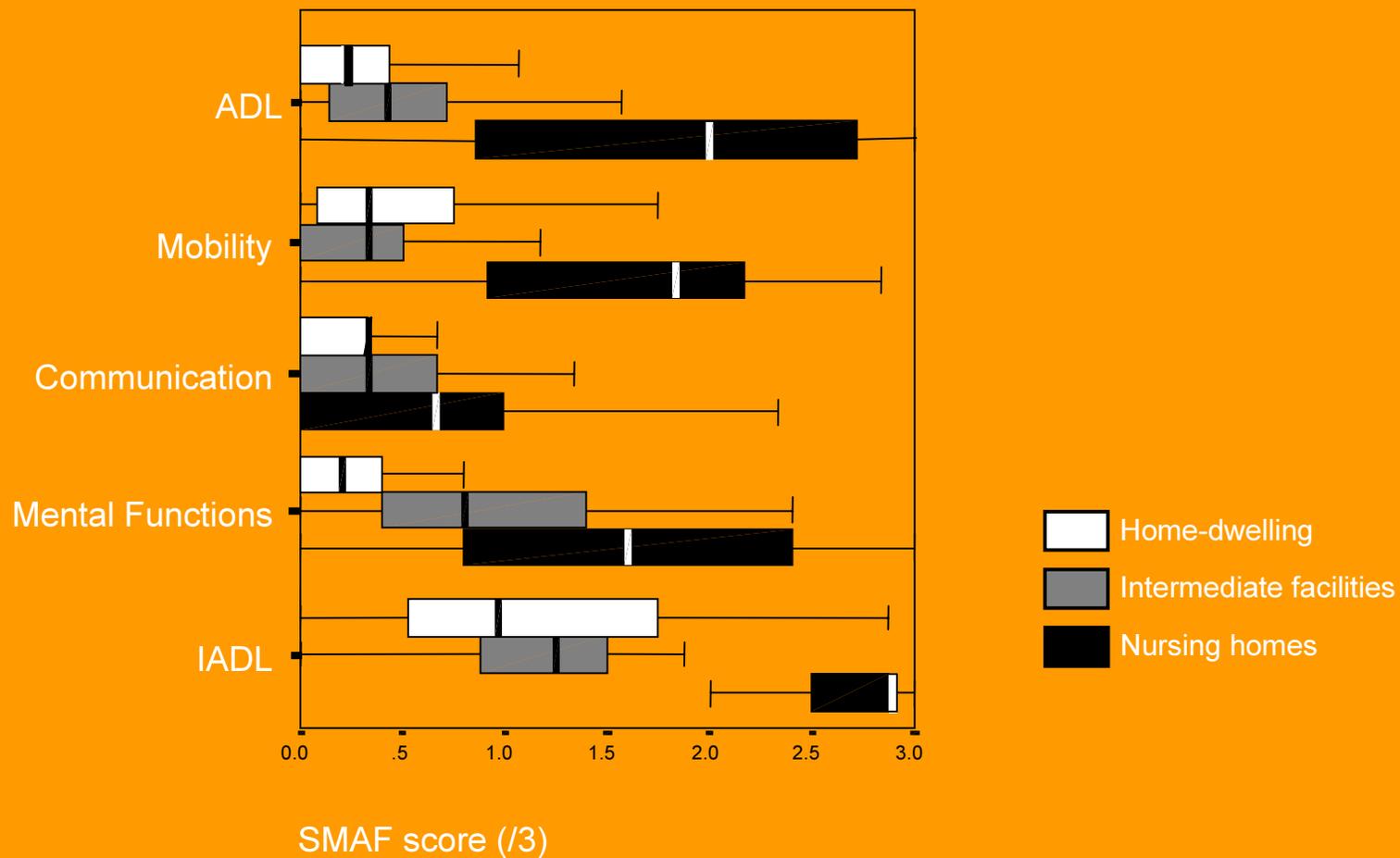
# SMAF Validity

- Content
  - WHO Theoretical framework
  - Consultations with experts
- Construct
  - Correlation with nursing time
    - $r=0.92$  (n=1997)
  - Correlation with cost
    - $r=0.75$  (n=1997)
  - Discrimination between institutions
  - Correlation with other func. scales
    - FIM:  $r= 0.94$
    - Barthel:  $r= 0.92$  (n= 80)

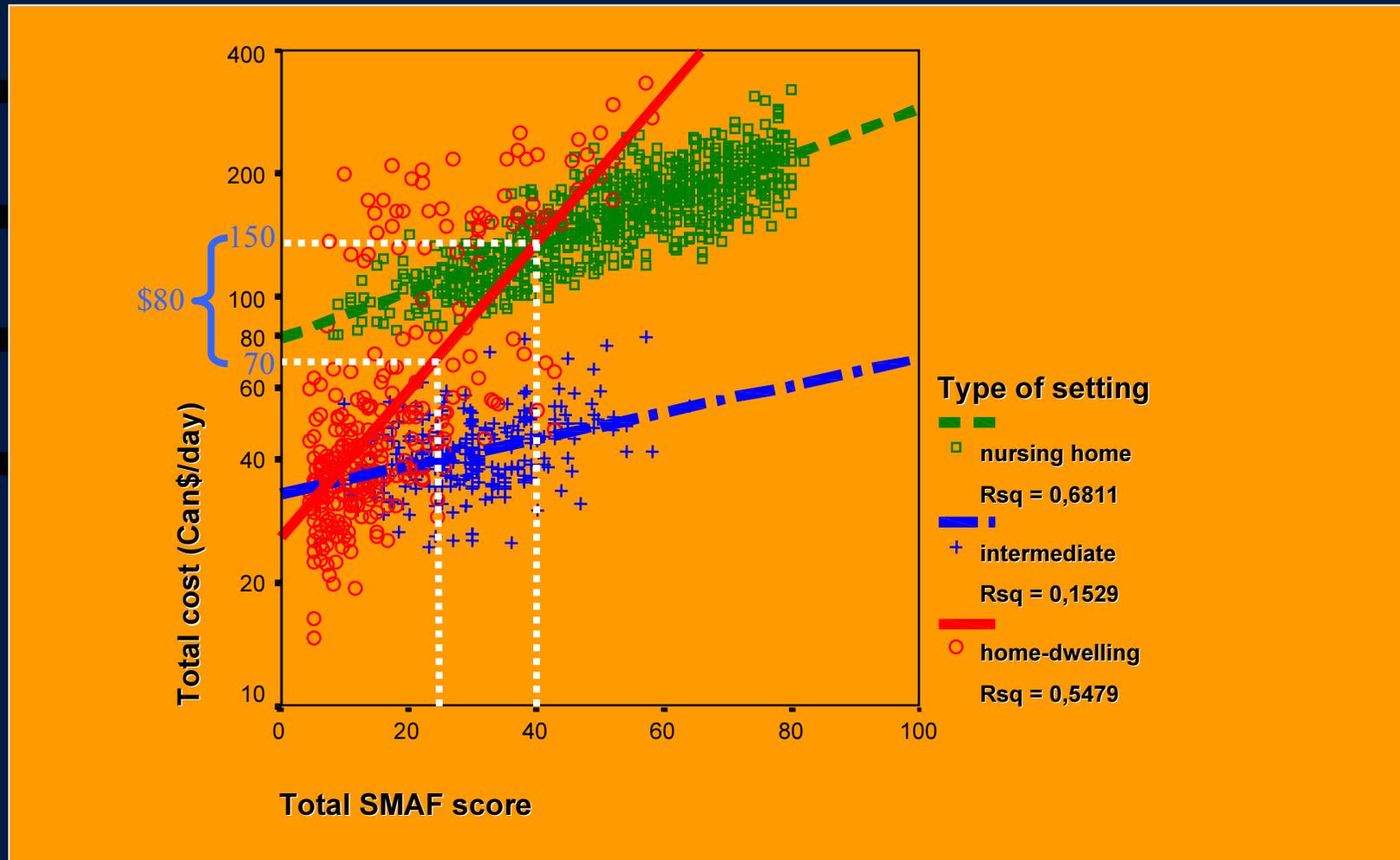
# Correlation with nursing care time



# Distribution of SMAF scores



# Cost associated with disabilities (n=1345)





ÉVALUATION DE L'AUTONOMIE

STABILITÉ DE LA  
RESSOURCE ■

INCAPACITÉ

HANDICAP

Préciser, s'il y a lieu, la cause, la déficience responsable de l'incapacité et la réaction de l'utilisateur à cette incapacité

**A. ACTIVITÉS DE LA VIE QUOTIDIENNE (AVQ)**

**1. SE NOURRIR**

0

Se nourrit seul

-0.5 Avec difficulté

-1

Se nourrit seul mais requiert de la stimulation ou de la surveillance  
OU on doit couper ou mettre en purée sa nourriture au préalable

-2

A besoin d'une aide partielle pour se nourrir  
OU qu'on lui présente les plats un à un

-3

Doit être nourri entièrement par une autre personne  
OU porte une sonde naso-gastrique ou une gastrostomie

sonde naso-gastrique     gastrostomie

Actuellement, l'utilisateur a les ressources humaines  
(aide ou surveillance) pour combler cette incapacité

Oui

Non

Ressources\* :

0

+

-1

-2

-3

Commentaires (aide technique utilisée, par exemple) : \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

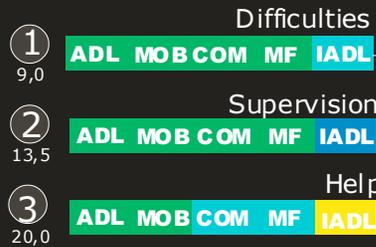


# ISO-SMAF Profiles

(Dubuc et al, 2001)

- Case-mix classification system
  - RUG-type
- Developed by Cluster analysis (n=1997) and expert consultation
- Validation
  - internal: split samples
  - external: discrimination of nursing care time and costs
- 14 groups

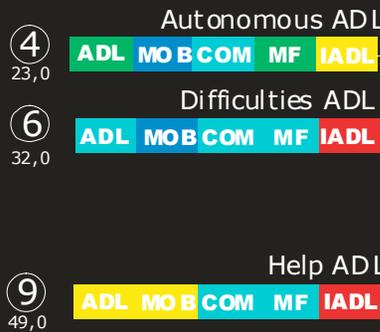
### PROBLEMS IN INSTRUMENTAL ACTIVITIES OF DAILY LIVING ONLY



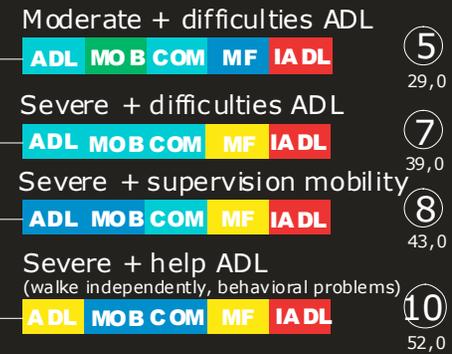
#### Legend

- Autonomous (0)
- Difficulties (0,5)
- Supervision (1)
- Help (2)
- Dependence (3)

### PREDOMINANT ALTERATIONS IN MOBILITY FUNCTIONS



### PREDOMINANT ALTERATIONS IN COGNITIVE FUNCTIONS

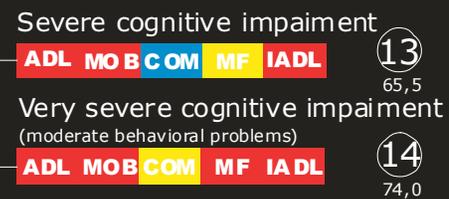


### MIXED ALTERATIONS MOBILITY + COGNITIVE

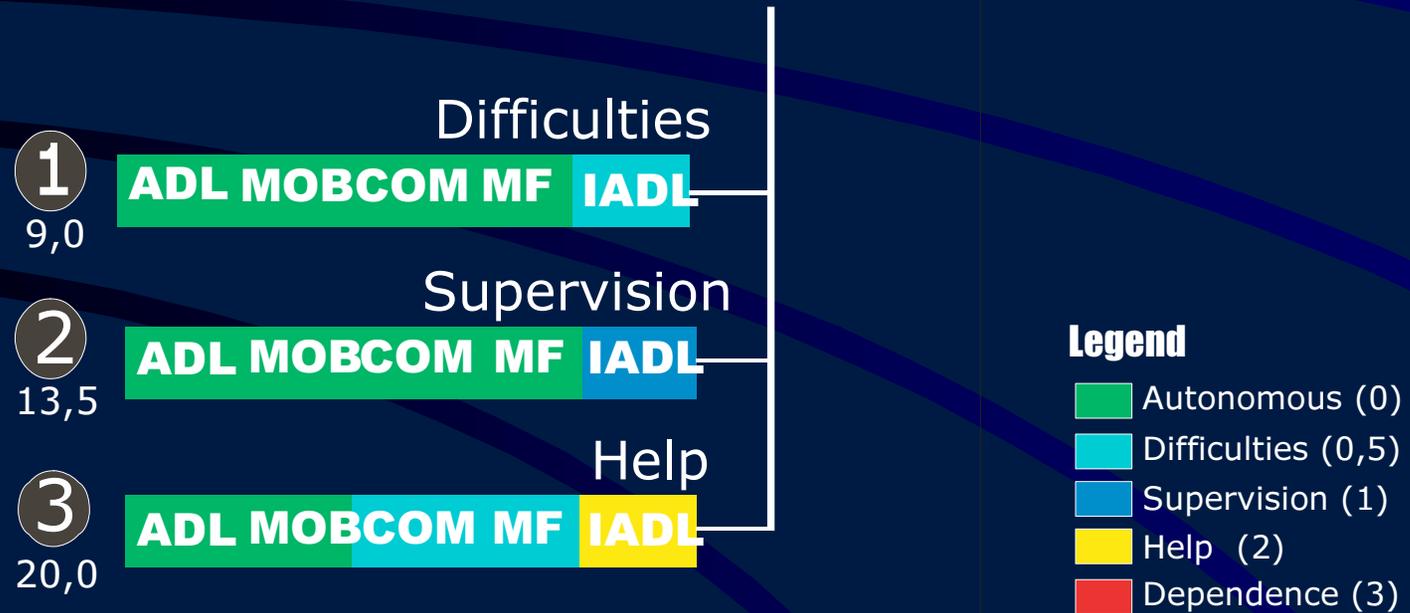
#### HELP IN MOBILITY



### BEDRIDDEN AND DEPENDENCY IN ADL



## PROBLEMS IN INSTRUMENTAL ACTIVITIES OF DAILY LIVING ONLY



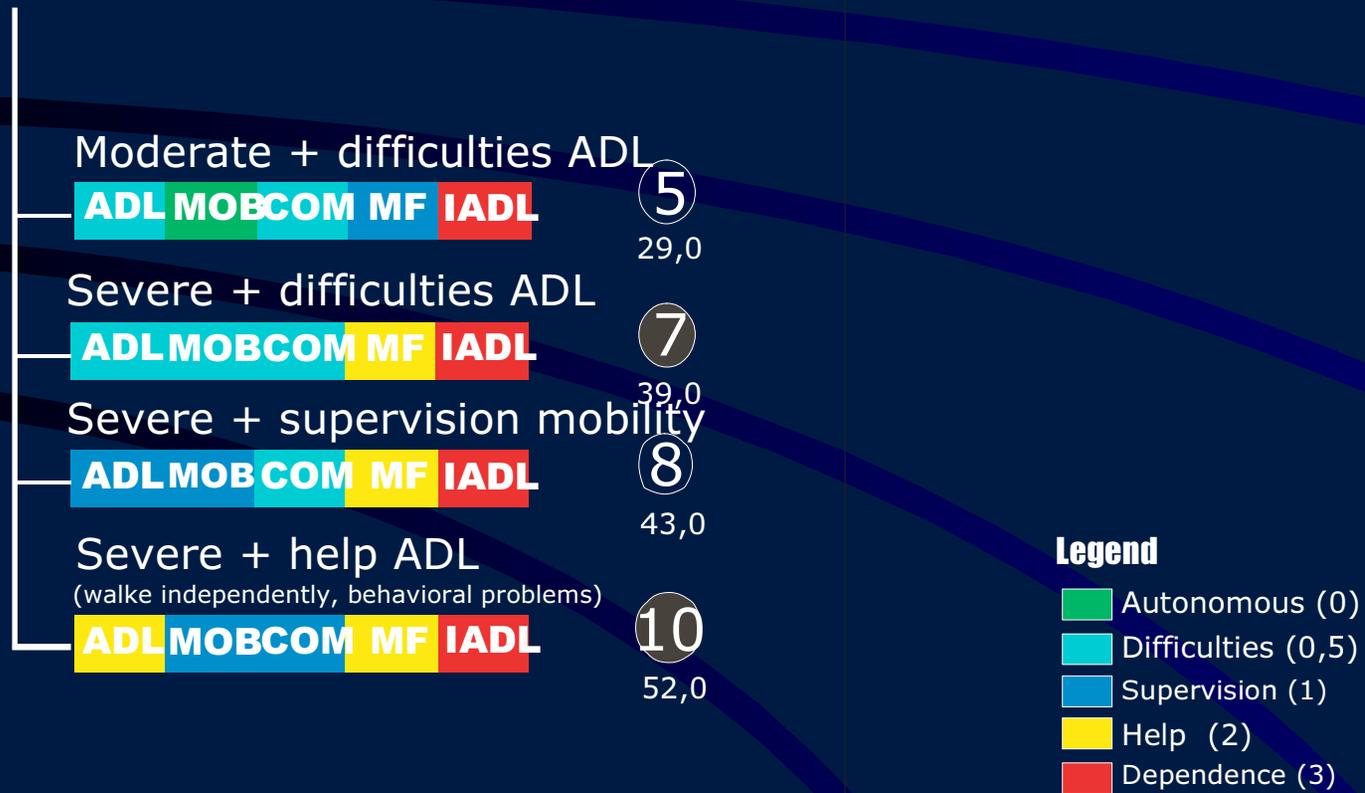
## PREDOMINANT ALTERATIONS IN MOBILITY FUNCTIONS



### Legend

- Autonomous (0)
- Difficulties (0,5)
- Supervision (1)
- Help (2)
- Dependence (3)

## PREDOMINANT ALTERATIONS IN COGNITIVE FUNCTIONS



# HELP IN MOBILITY

Without incontinence

11  
59,0



With incontinence

12  
59,0



## Legend

- Autonomous (0)
- Difficulties (0,5)
- Supervision (1)
- Help (2)
- Dependence (3)

## BEDRIDDEN AND DEPENDENCY IN ADL

Severe cognitive impairment

ADL MOB COM MF IADL

13

65,5

Very severe cognitive impairment  
(moderate behavioral problems)

ADL MOB COM MF IADL

14

74,0

### Legend

- Autonomous (0)
- Difficulties (0,5)
- Supervision (1)
- Help (2)
- Dependence (3)



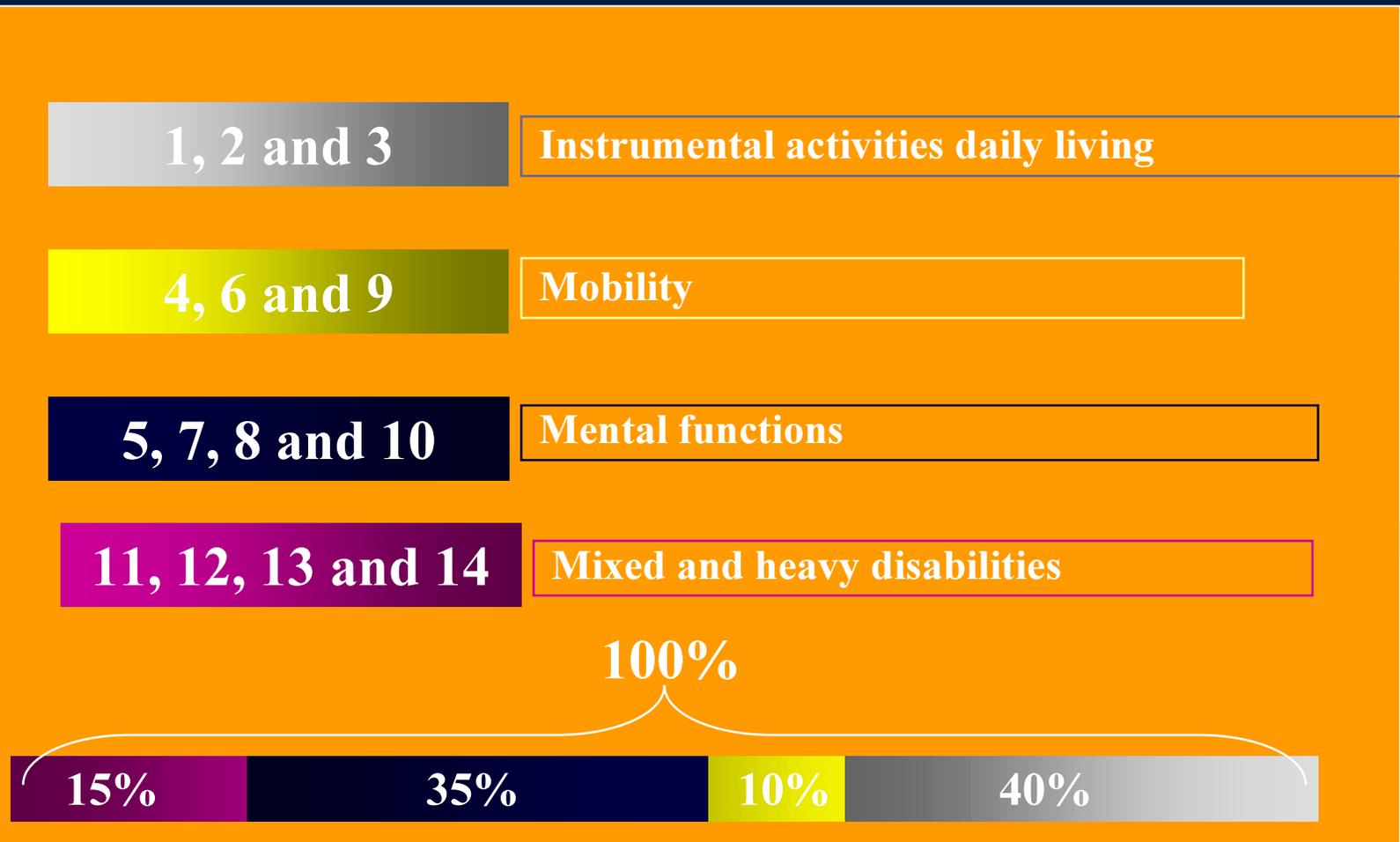
# ISO-SMAF Profiles

- Functions:
  - Service prescription: admission criteria
  - Monitoring
  - Management of resources
  - Financing

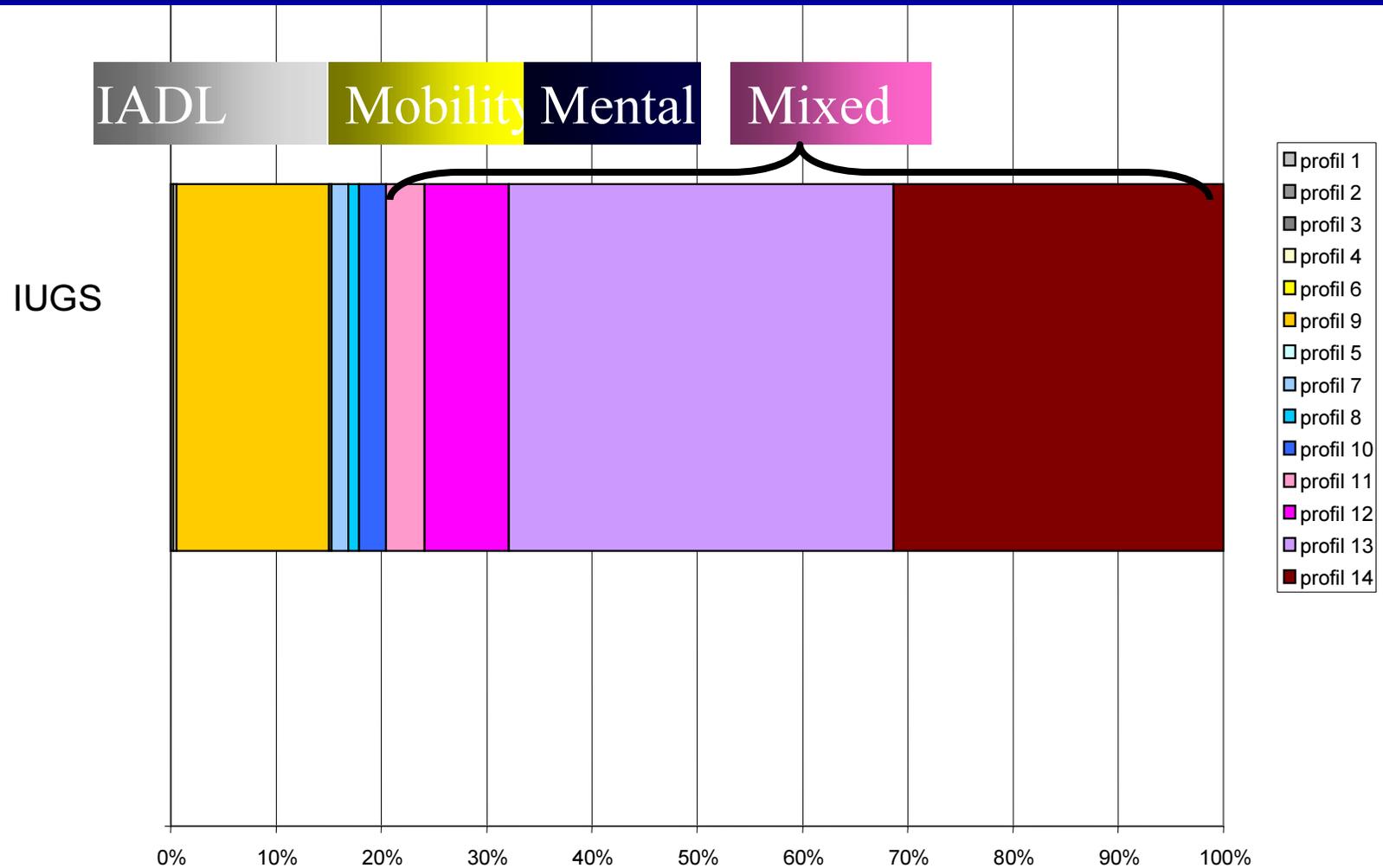


# Profile of a LTC facility

(Tousignant et al. Age and Ageing, 2003)



# Distribution ISO-SMAF profiles of a LTC facility

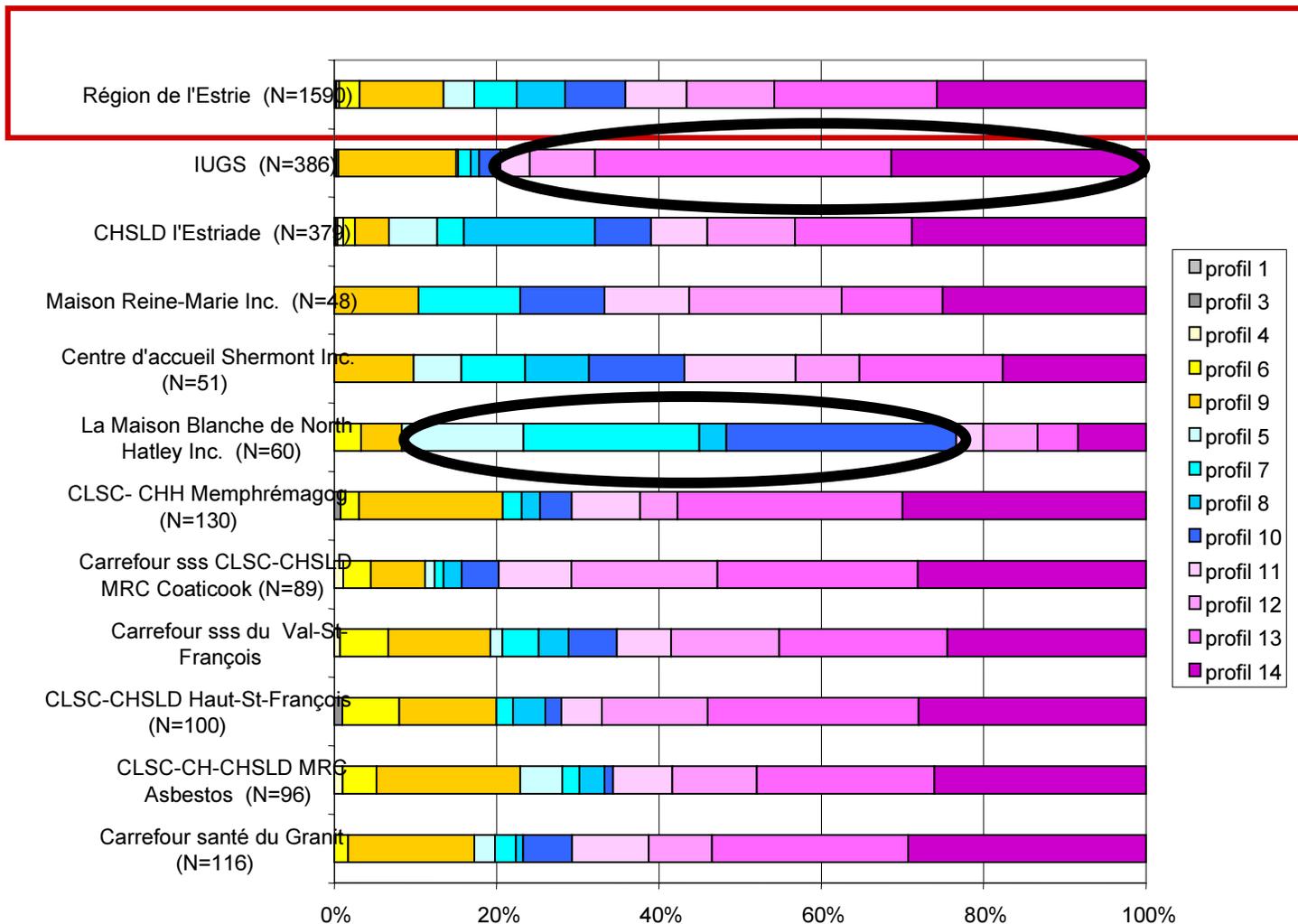


IADL

Mobilité Mental

Mixed

# Distribution of ISO-SMAF profiles of a LTC facility





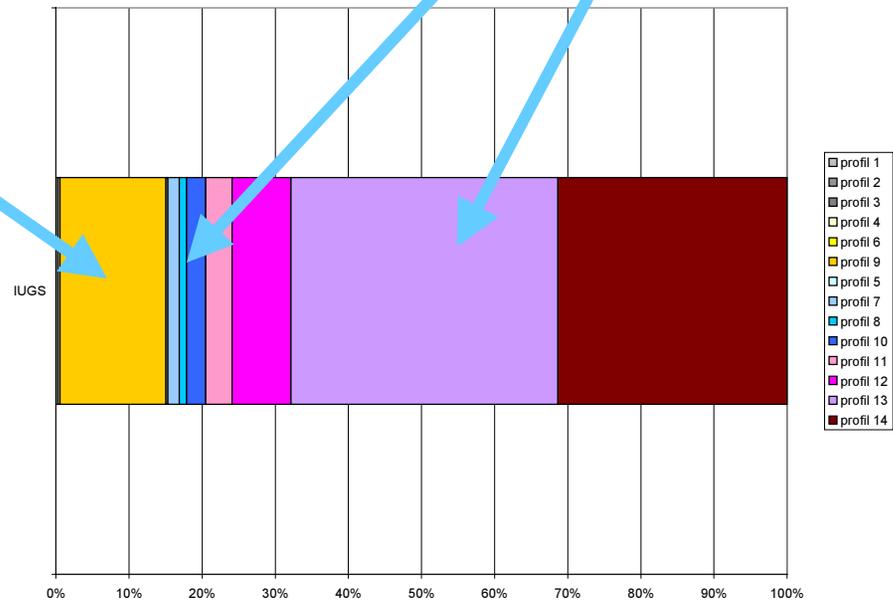
# Standard budget (ISOSMAF-based)

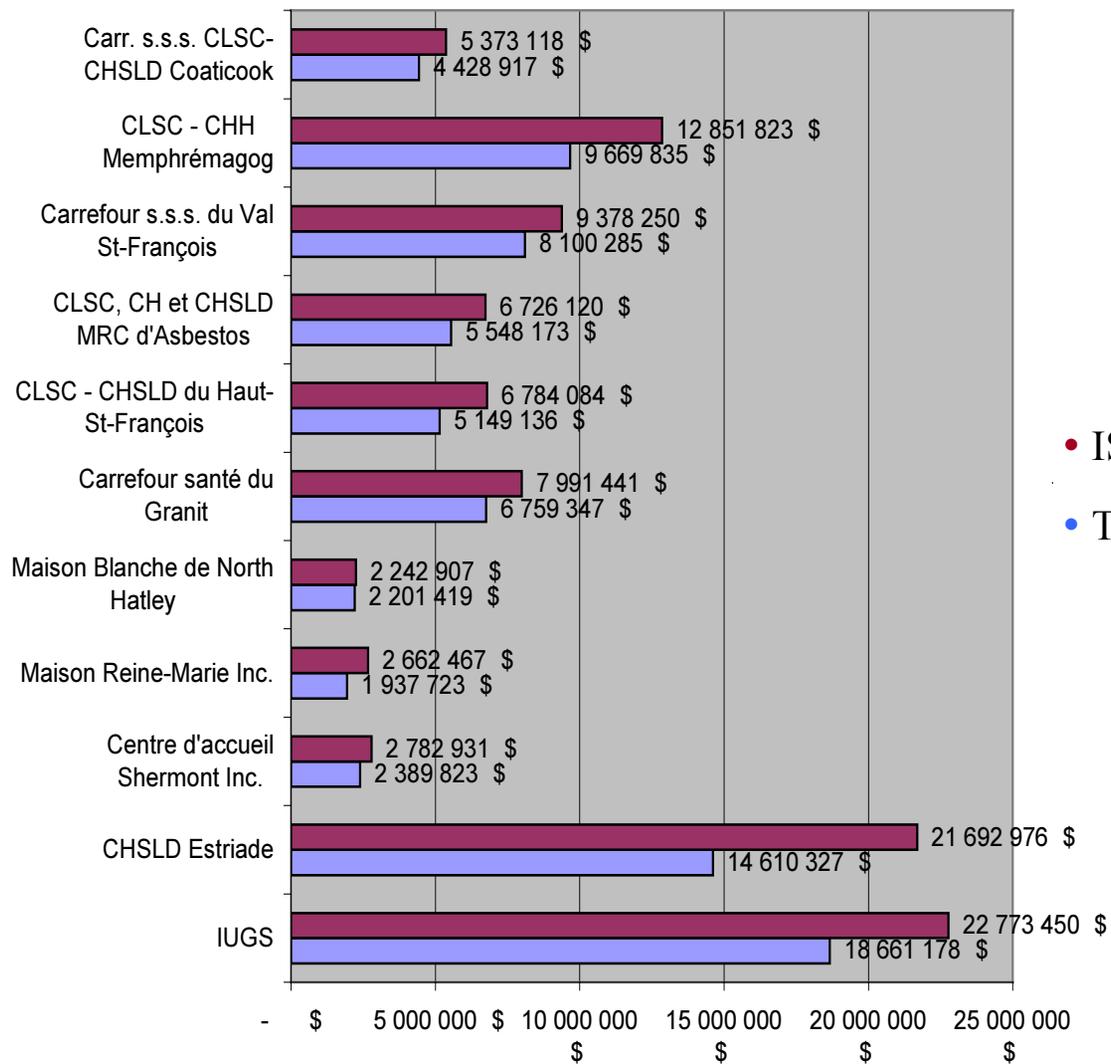
|                          |                           |                           |                           |                           |                           |
|--------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Profile 3 :<br>\$ 68.48  | Profile 4 :<br>\$ 100.74  | Profile 5 :<br>\$ 78.42   | Profile 6 :<br>\$ 90.89   | Profile 7 :<br>\$ 98.78   | Profile 8 :<br>\$ 114.96  |
| Profile 9 :<br>\$ 147.76 | Profile 10 :<br>\$ 129.70 | Profile 11 :<br>\$ 159.02 | Profile 12 :<br>\$ 144.81 | Profile 13 :<br>\$ 169.63 | Profile 14 :<br>\$ 183.19 |

**50 profiles 9 ⌘ \$ 147.76 \$**

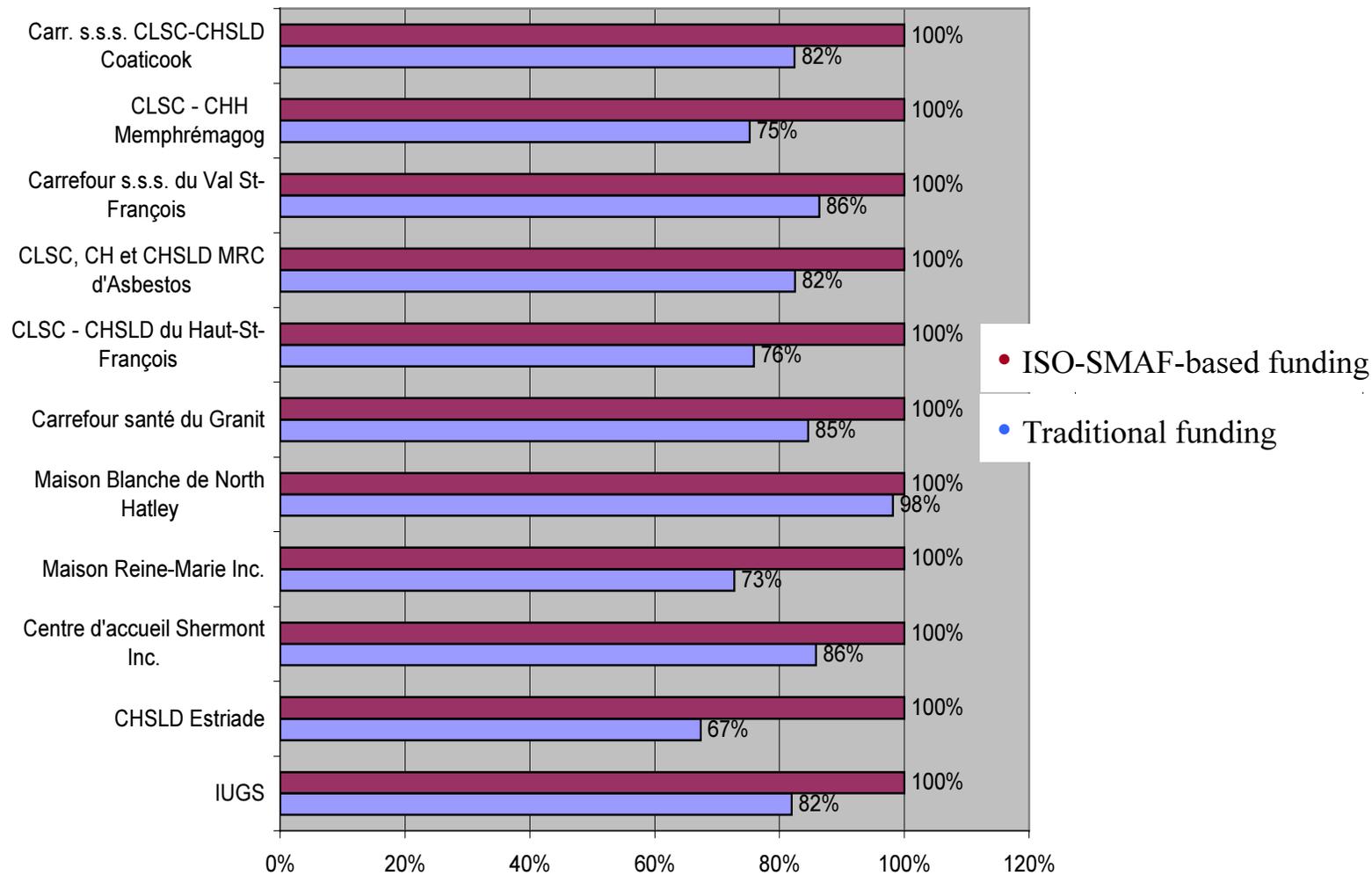
**150 profiles 13 ⌘ \$ 169.63 \$**

**10 profiles 7 ⌘ \$ 98.78 \$**





- ISO-SMAF-based funding
- Traditional funding





# Computerized clinical chart

(Tourigny et al, 2002)

- SIGG (Système d'information géronto-gériatrique)
- Version 3.0
- Implemented in 2 regions as part of an integrated network
- Continuous monitoring of clients
- linked to administrative data base



**CONFIDENTIEL** **SYSTEME DE MESURE DE L'AUTONOMIE FONCTIONNELLE (SMAF)**  
 Institut Universitaire de Gériatrie de Sherbrooke - R. Hébert 1984 - révisé 1995

- AVQ
- Mobilité
- Communication
- Fonctions mentales
- Tâches domestiques
- Synthèse / statistiques

▶ IDENTIFICATION

▼ < -3 / -2 > **ACTIVITÉ DE LA VIE QUOTIDIENNE (A.V.Q.)** Nombre de réponses: 3 / 7 | 3 / 7

Préciser, s'il y a lieu, la cause, la déficience responsable de l'incapacité et la réaction de l'utilisateur à cette incapacité

| Incapacités  | Handicap   |
|--|--|
| <p><b>1. Se nourrir</b></p> <ul style="list-style-type: none"> <li>0 : Se nourrit seul</li> <li>-0.5 : Se nourrit seul avec difficulté</li> <li>-1 : Se nourrit seul mais requiert de la stimulation ou de la surveillance</li> <li>✓ <b>OU on doit couper ou hacher sa nourriture au préalable</b></li> <li>-2 : À besoin d'une aide partielle pour se nourrir<br/>OU qu'on lui présente les plats un à un</li> <li>-3 : Doit être nourri entièrement par une autre personne<br/>OU porte une sonde naso-gastrique<br/>OU une gastrostomie</li> </ul> | <p>Actuellement, l'utilisateur a les ressources (aide ou surveillance) pour combler cette incapacité:</p> <p><input type="radio"/> oui <input checked="" type="radio"/> non</p> <p><input checked="" type="radio"/> -1</p> <p><input type="radio"/> -2</p> <p><input type="radio"/> -3</p> |



Fermer Éditer Envoyer Prise de contact Évaluation SMAF PSI PI Note évolutive Imprimer

**CONFIDENTIEL**

**PROFIL EVOLUTIF**

Régie régionale de la santé et des services sociaux de Montréal-Centre, 1994

IDENTIFICATION

ÉTAT DE SANTÉ

HABITUDES DE VIE

A.V.Q.

| Date évaluation | 1. Se nourrir |      |   | 2. Se laver |      |   | 3. S'habiller |      |   | 4. Entretenir sa personne |      |   | 5. Fonction vésicale |      |   | 6. Fonction intestinale |      |   | 7. Utiliser les toilettes |      |   |
|-----------------|---------------|------|---|-------------|------|---|---------------|------|---|---------------------------|------|---|----------------------|------|---|-------------------------|------|---|---------------------------|------|---|
|                 | I             | H    | S | I           | H    | S | I             | H    | S | I                         | H    | S | I                    | H    | S | I                       | H    | S | I                         | H    | S |
| 99-04-27        | -2,0          | 0,0  |   | -0,5        | 0,0  |   | -0,5          | 0,0  |   | -0,5                      | 0,0  |   | -1,0                 | 0,0  | * | 0,0                     | 0,0  |   | -0,5                      | 0,0  |   |
| 99-04-27        | -1,0          | 0,0  |   | -0,5        | 0,0  |   | -0,5          | 0,0  |   | -0,5                      | 0,0  |   | -1,0                 | 0,0  | * | 0,0                     | 0,0  |   | -0,5                      | 0,0  |   |
| 99-04-27        | -0,5          | 0,0  |   | -2,0        | -2,0 |   | -2,0          | -2,0 |   | -2,0                      | -2,0 |   | -1,0                 | 0,0  | * | 0,0                     | 0,0  |   | -1,0                      | -1,0 |   |
| 99-06-11        | -1,0          | -1,0 |   | -3,0        | -3,0 |   | -2,0          | -2,0 |   | -2,0                      | -2,0 |   | -2,0                 | -2,0 |   | -1,0                    | -1,0 |   | -2,0                      | -2,0 |   |

MOBILITÉ

COMMUNICATION

FONCTIONS MENTALES

# Conclusion

- Reconciliate clinical and management needs
- Decrease assessment burden for clients, managers and clinicians
- Continuous monitoring of needs
  - prescription of services
  - resources allocation
  - fair financing
  - accountability
  - planning

[www.prisma-qc.ca](http://www.prisma-qc.ca)

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PRISMA